

WHO and EU working together for better diets and active life



Joint effort to improve surveillance and monitoring:
Diet/Nutrition, Physical Activity and Obesity

HEALTH 2020



- **Widening health gaps**
- **Life-course approach**
- **Governance**

**Nutrition, Physical Activity and Obesity
Luxembourg**



DEMOGRAPHIC DATA

Total population	571 000
Male population	283 000
Female population	288 000
GDP per capita (USD)	110 000
GDP per capita (EUR)	100 000

**Nutrition, Physical Activity and Obesity
Lithuania**



DEMOGRAPHIC DATA

Total population	3 000 000
Male population	1 500 000
Female population	1 500 000
GDP per capita (USD)	21 000
GDP per capita (EUR)	19 000

**Nutrition, Physical Activity and Obesity
Malta**



DEMOGRAPHIC DATA

Total population	420 000
Male population	210 000
Female population	210 000
GDP per capita (USD)	35 000
GDP per capita (EUR)	32 000

**Nutrition, Physical Activity and Obesity
Netherlands**



DEMOGRAPHIC DATA

Total population	16 500 000
Male population	8 250 000
Female population	8 250 000
GDP per capita (USD)	51 000
GDP per capita (EUR)	47 000

**Nutrition, Physical Activity and Obesity
Poland**



DEMOGRAPHIC DATA

Total population	38 000 000
Male population	19 000 000
Female population	19 000 000
GDP per capita (USD)	13 000
GDP per capita (EUR)	12 000

**Nutrition, Physical Activity and Obesity
Portugal**



DEMOGRAPHIC DATA

Total population	10 500 000
Male population	5 250 000
Female population	5 250 000
GDP per capita (USD)	21 000
GDP per capita (EUR)	19 000

**Nutrition, Physical Activity and Obesity
Romania**



DEMOGRAPHIC DATA

Total population	21 500 000
Male population	10 750 000
Female population	10 750 000
GDP per capita (USD)	10 000
GDP per capita (EUR)	9 000

**Nutrition, Physical Activity and Obesity
Slovakia**



DEMOGRAPHIC DATA

Total population	5 400 000
Male population	2 700 000
Female population	2 700 000
GDP per capita (USD)	18 000
GDP per capita (EUR)	17 000

**Nutrition, Physical Activity and Obesity
Slovenia**



DEMOGRAPHIC DATA

Total population	2 100 000
Male population	1 050 000
Female population	1 050 000
GDP per capita (USD)	35 000
GDP per capita (EUR)	32 000

**Nutrition, Physical Activity and Obesity
Spain**



DEMOGRAPHIC DATA

Total population	45 500 000
Male population	22 750 000
Female population	22 750 000
GDP per capita (USD)	28 000
GDP per capita (EUR)	26 000

Methodology and summary

Country profiles on nutrition, physical activity and obesity in the 28 European Union Member States of the WHO European Region

World Health Organization
EUROPE

**Nutrition, Physical Activity and Obesity
Greece**



DEMOGRAPHIC DATA

Total population	11 200 000
Male:female ratio	100
Life expectancy at birth (years)	78.0
GDP per capita (USD)	18 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Hungary**



DEMOGRAPHIC DATA

Total population	10 000 000
Male:female ratio	100
Life expectancy at birth (years)	75.0
GDP per capita (USD)	15 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
France**



DEMOGRAPHIC DATA

Total population	67 000 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	35 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Finland**



DEMOGRAPHIC DATA

Total population	5 300 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	40 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Latvia**



DEMOGRAPHIC DATA

Total population	2 300 000
Male:female ratio	100
Life expectancy at birth (years)	75.0
GDP per capita (USD)	18 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Italy**



DEMOGRAPHIC DATA

Total population	60 000 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	35 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Ireland**



DEMOGRAPHIC DATA

Total population	4 500 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	40 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Germany**



DEMOGRAPHIC DATA

Total population	82 000 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	40 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
Sweden**



DEMOGRAPHIC DATA

Total population	9 500 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	40 000
GDP spent on health (%)	10

**Nutrition, Physical Activity and Obesity
United Kingdom of
Great Britain and Northern Ireland**



DEMOGRAPHIC DATA

Total population	62 000 000
Male:female ratio	100
Life expectancy at birth (years)	82.0
GDP per capita (USD)	35 000
GDP spent on health (%)	10

EU Action Plan on Childhood Obesity 2014-20

Vienna Declaration on Nutrition and Noncommunicable Diseases in the Context of Health 2020

World Health Organization
European Region

WHO Ministerial Conference on Nutrition and Noncommunicable Diseases in the Context of Health 2020
Vienna, Austria
4-6 July 2013



Focus of the country profiles

- Monitoring and surveillance
 - Salt, obesity (children, adolescents, adults)
 - Physical inactivity
 - Fat, F&V
 - BF, iodine
- Policies and actions
 - TFA, price policies, marketing, salt, PA

Main messages & lessons...

- Great collaboration
- Wealth of information waiting
- Need to harmonize and streamline
- Many gaps and inconsistencies
- Revise definitions
- Disaggregation
- Need to engage even more in joint efforts...