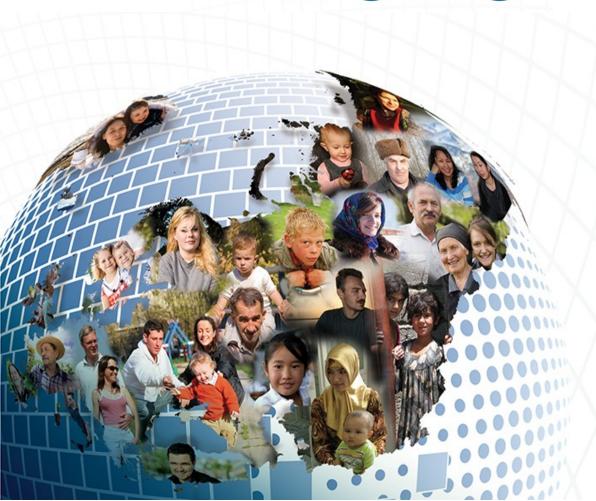
# WHO and EU working together for better diets and active life

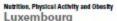


Joint effort to improve surveillance and monitoring: Diet/Nutrition, Physical Activity and Obesity

# HEALTH 2020



- Widening health gaps
- Life-course approach
- Governance





Nutrition, Physical Activity and Obesity Lithuania









**Nutrition, Physical Activity and Obesity** Malta







Nutrition, Physical Activity and Obesity



**Nutrition, Physical Activity and Obesity** Poland





**Nutrition, Physical Activity and Obesity** Portugal











**Nutrition, Physical Activity and Obesity** Romania





Nutrition, Physical Activity and Obesity Slovakia







**Nutrition, Physical Activity and Obesity** Slovenia





**Nutrition, Physical Activity and Obesity** Spain









#### Methodology and summary

Country profiles on nutrition, physical activity and obesity in the 28 European Union Member States of the WHO European Region



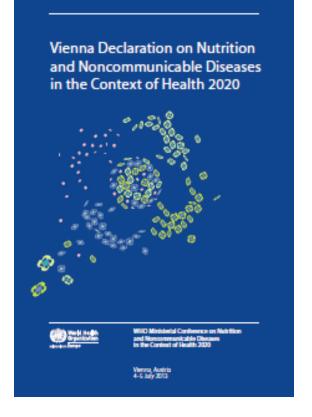














## Focus of the country profiles

- Monitoring and surveillance
  - Salt, obesity (children, adolescents, adults)
  - Physical inactivity
  - Fat, F&V
  - BF, iodine
- Policies and actions
  - TFA, price policies, marketing, salt, PA

### Main messages & lessons...

- Great collaboration
- Wealth of information waiting
- Need to harmonize and streamline
- Many gaps and inconsistencies
- Revise definitions
- Disaggregation
- Need to engage even more in joint efforts...